



human

~~i am a doctor~~

**The emotions you feel are real.** When we make the pledge to help others often the last person we think of aiding is ourselves. As fellow physicians, we know all too well the cumulative stresses of this profession. The support you need as a physician, resident or medical student is just a phone call away. It's safe, confidential and offered at no cost to you and your family members. There is no judgement, only help from an organization with over 35 years of experience offering confidential peer support to physicians. If you or someone you know could benefit, we are available 24/7 for urgent consultation and ongoing clinical support.

**no judgement. just help.**  
866-440-5825 | [psp-mn.com](http://psp-mn.com)



**PHYSICIAN  
WELLNESS  
COLLABORATIVE**



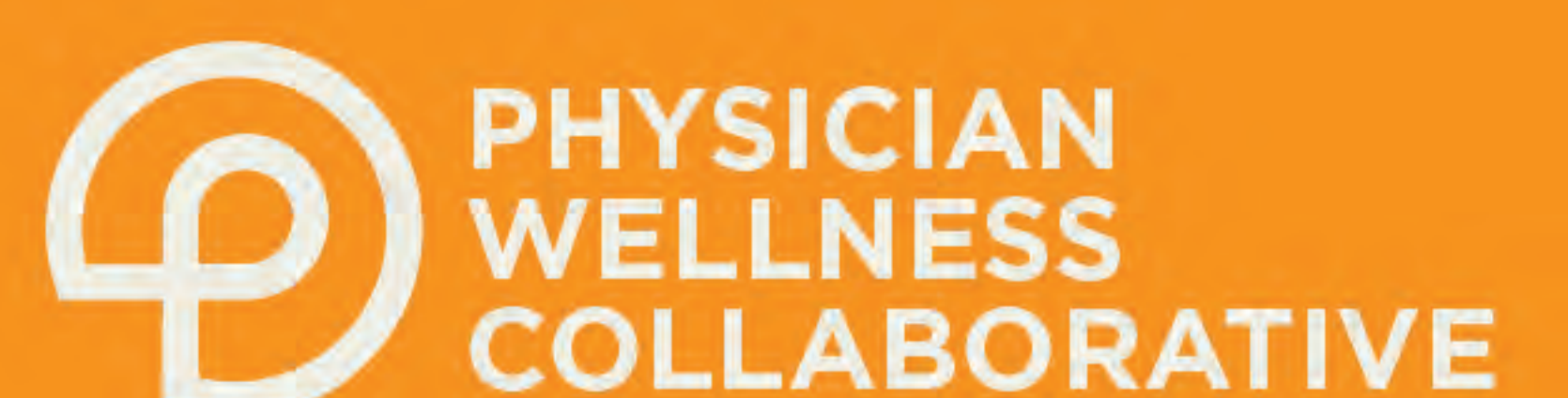
# time for a heart to heart?



## let's connect.

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Contact *Physicians Wellness Collaborative* at **866-440-5825** or visit us at **psp-mn.com**