Results and Conclusions

We successfully implemented a program that increased the rate of mobilization in our MICU above the national average.

- Clearly defined exclusionary criteria helped overcome common misconceptions that were limiting the number of patients being mobilized.
- The following aspects were essential to our program's success:
  - Continuing education of all staff regarding the benefits of early mobilization.
  - Multidisciplinary approach involving Nursing, Physical Therapy and Critical Care Physicians