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Lori Payne

Zhac Rahkonen

Betsy Wehrwein



MMCGME Services
University Park Plaza
2829 University Ave SE,
Suite 900A
Minneapolis, MN 55414

Heather Woeste
Phone: 612-625-0898
Email: heather@umn.edu
www.mmcmeservices.org

MMCGME



4th Annual GME Coordinator Conference

Thursday, April 17, 2014

8:00 AM - 3:20 PM

DoubleTree Minneapolis– Park Place
1500 Park Place Blvd.
Minneapolis, MN 55416

Sponsored by MMCGME

Navigating the Seas of Change, The Future of GME

Preliminary Program

- 7:30 **Registration & Continental Breakfast**
- 8:00 **Opening Remarks**
- 8:05 **Welcome Activity**
- 8:20 **This Is Your Brain - On Change**
Mel Mitchell, M.Ed.
Interactive components and discussion on recent neuroscience discoveries explain what happens in our brains when we experience change. Presentation of a model to help address specific reactions to change and provide suggestions on how to help ourselves and others move through the transitions created by change.
- 9:20 **CLER Visits and the Coordinator**
Nedd Brown, EdD
Clinical Learning Environment Review (CLER) visits are one of the largest changes in the ACGME's New Accreditation System. Brown will share insights from his institution's CLER visit and general observations from his time as a volunteer CLER site visitor and discuss what this means for the residency/fellowship programs.
- 10:20 **Break**
- 10:35 **Phase 1 Panel**
Panelists listed under Conference Speakers*
ACGME's Next Accreditation System (NAS) Phase 1 program coordinators and faculty discuss Phase 1 participation and management, what worked well, pitfalls to avoid and various tips and tricks in this question and answer session.
- 11:35 **Cultivating Resiliency: How to Find Sanity in This Crazy World**
Karen Lawson, MD
Resilience is the process of finding equanimity in the face of adversity or in times of significant change — including in today's challenging workplace environment. It allows us to function optimally through difficult experiences. Through lecture, discussion and participatory exercises, Dr. Lawson will help participants discover how to change their relationship with adversity, and increase both their effectiveness and happiness at work and home.
- 12:35 **Lunch**
- 1:35 **Poster Session**
Presenters share new ideas, best practices, tips & tricks and background information on their respective topics. This interactive spark to the day will provide you with the opportunity to learn and connect with colleagues old and new. View the MMCGME Website for up to date information on poster topics and presenters.
- 2:35 **Wrap-Up**
Mel Mitchell, M.Ed.
Our guest facilitator will synthesize the day and help participants move forward with the day's findings into their respective workplaces. This is a brief interactive wrap-up of the day's learnings.
- 2:50 **Stevie Ray's Comedy**
Stevie Ray, Executive Director of Stevie Ray's Improv Company
Stevie Ray has been making people laugh as a professional entertainer for over 30 years and will end the day on a high note with an entertaining comedy routine.

Conference Speakers

- Felix Ankel, MD***: Regions Hospital; Emergency Medicine
Nedd Brown, EdD: University of South Dakota Sanford School of Medicine; Associate Dean of Graduate Medical Education
Michelle Herbers*: Hennepin County Medical Center; Internal Medicine
Karen Lawson, MD: University Of Minnesota; Dir. of Health Coaching
Mel Mitchell, M.Ed: University of Minnesota; Organizational Effectiveness Director
Stevie Ray: Stevie Ray's Improv Company; Executive Director
Chrissy Reding*: University of Minnesota; Urology Coordinator
Betsy Wehrwein*: University of Minnesota; Orthopaedic Surgery Coordinator

Guest Facilitator

Mel Mitchell has been involved in one aspect or another of human growth and development for over thirty years. He began his career teaching school, then doing management training for the Department of Defense. From there, Mel worked with Norwest as the manager of Executive Learning and Development and with Best Buy where he focused on Leadership Development. For the past seven years Mel has been at the University of Minnesota as the Director of Organizational Effectiveness.



Mel has done extensive work on leading and managing change and the human impact of transition. He speaks on: diversity, leading and managing change, leadership and management development, organizational learning and individual development through "learning on the job."

Conference Objectives

At the conclusion of this conference, participants will be able to:

- Define resilience and identify five key choices to consciously increase resilience while demonstrating at least one new tool or practice to share with residents/fellows or others to use.
- Have a better understanding of how the CLER visit impacts the program and what you can do to prepare for a CLER visit.
- Identify what happens in the brain when you experience change and understand how to help ourselves and others navigate the seas of change.
- Identify various methods for managing the ACGME's Next Accreditation System and obtain tips & tricks.
- Network with colleagues while hearing best practices, learning new approaches to common residency and fellowship occurrences and attain firsthand information on new concepts.



AUDIENCE

Residency and fellowship coordinators, site coordinators, administrators, GME staff, program staff and others interested in GME.



REGISTRATION

Register to attend by Friday, April 4, 2014. Visit <http://www.mmcmgservices.org/2014conference/index.htm> for additional information and to register.



FEES

MMCGME Members: FREE to all MMCGME participating residency and fellowship programs.

Non-MMCGME Members: There is a \$65.00 registration fee for all non-MMCGME participating programs.