

2011 Standards for Duty Hours

All Rule Checking Will Be Done Using the Rotational Plan

Through a clarification in the New ACGME standards, a resident's duty hours must be checked according to the length of the rotation they're scheduled on. This is particularly important for the rules that require averaging over a four week period (80 Hour Rule, Day Off Rule, and Call Rule). What if the rotation is a month long? What if it is a longer rotation? Or a shorter rotation?

Here is how we do the math for the rules that average:

- Rotations shorter than 28 days: Rotations shorter than 28 days will be pro-rated up to a 28 day standard.

Number of Days in a Rotation	Max Hours Allowed @ 80 hours	Max Hours Allowed @ 88 hours	Max Calls Allowed (Rounded)	Number of Days Off Required
1	11	13	1	0
2	23	25	1	0
3	34	38	1	0
4	46	50	1	1
5	57	63	2	1
6	69	75	2	1
7	80	88	2	1
8	91	101	3	1
9	103	113	3	1
10	114	126	3	1
11	126	138	4	1
12	137	151	4	2
13	149	163	4	2
14	160	176	5	2
15	171	189	5	2
16	183	201	5	2
17	194	214	6	2
18	206	226	6	2
19	217	239	6	3
20	229	251	7	3
21	240	264	7	3
22	251	277	7	3
23	263	289	8	3
24	274	302	8	3
25	286	314	8	3
26	297	327	9	4
27	309	339	9	4
28	320	352	9	4

- Monthly Rotations: Rotations which are more than 28 days, up to 31 days will be prorated:

Number of Days in a Rotation	Max Hours Allowed @ 80 hours	Max Hours Allowed @ 88 hours	Max Calls Allowed	Number of Days Off Required
29	331	365	10	4
30	343	377	10	4
31	354	390	10	4

- Rotations that are longer than 31 days: We will check consecutive 28-day periods for averaging. If the last check period contains less than 28 days, we will check the from last 28 days of that rotation.

Example:

A resident is scheduled on their rotation from August 1 to September 30. This represents a rotation that is 61 days long. These are the steps the software takes to check four week periods:

Step 1: Check days August 1 – August 28 (28 days)

Step 2: Check days August 29 – September 25 (28 days)

Step 3: Check days September 3 – September 30 (28 days)

First Check Period:

August							September						
	1	2	3	4	5	6					1	2	3
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29	30	

Second Check Period:

August							September						
	1	2	3	4	5	6					1	2	3
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29	30	

Third Check Period:

August							September						
	1	2	3	4	5	6					1	2	3
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29	30	