

Patient Attitudes towards Group Medical Visits



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Background/Introduction:

Dr. Kara Parker has been leading group visits for 3 years at Whittier clinic and has been developing a curriculum around chronic disease management. Other providers have started programming on topics such as chronic pain management, recovery after cancer, and improved sleep hygiene. I led 2 series of group visits on exercise behavior and on plant-based diets.

Aim Statement:

I sought to better understand the attitudes of patients who participated in the group visits.

Methods:

I created a pre- and a post- survey to be completed by participants in the group visits that were led by myself and by Arun Mallapareddi, MBBS.

Results:

I had 5 responders to the pre- and 5 responders to the post- surveys. I was not able to collect any data from Arun's group. Feedback from participants:

"Was not sure what to expect & got wonderful info"

"It was very helpful to me"

"Chance to learn a lot. How very helpful this was! Thank you so much."

"Very positive, ways need to be sought to expand the idea & 'get the word' out – probably mostly through the doctors referring patients to the group visits."

"How can we support group visits? In writing letters?"

"Love it!"

"A+++"

"I appreciate these groups very much and thank all the staff."

"Group visits are good for sharing – learning from each doctor and every participant."

"I love group support. Every patient should attend group visits, they provide with lots of good information. I'm very thankful & grateful."

"Dr. Dietle – You are an excellent listener & teacher. I hope you continue to follow your dreams & pursue your interests. They will lead you to helping many. Thank you very much."

Conclusion/Discussion

The patients who participate in group visits are very satisfied with the experience and are eager to support the further promotion of this model. Other recent studies have investigated balance of efficacy with patient satisfaction, barriers to implementation, and patient and provider satisfaction.

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